



SOWING CALENDAR



LEAFY VEGETABLES



Species \ Months	January	February	March	April	May	June	July	August	September	October	November	December
Red arrow		Green	Green	Green	Green	Green	Green	Green	Red	Red	Red	Red
Baselle rubra		Green	Green	Green	Green	Red	Red	Red	Red	Red	Red	Red
Celery to be cut		Green	Green	Green	Green	Green	Red	Red	Red	Red	Red	Red
Celery branch					Green	Green	Green	Red	Red	Red	Red	Red
Cabbage broccoli		Green	Green	Green	Green	Green	Green	Red	Red	Red	Red	Red
Pointed Cabbage		Green	Green	Green	Green	Green	Red	Red	Red	Red	Red	Red
Cabbage Pak Choi	Green	Green	Green	Green	Green	Green	Green	Red	Red	Red	Red	Red
Cabbage Mizuna			Green	Green	Green	Green	Green	Green	Red	Red	Red	Red
Cabbage Palm	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
Summer Cauliflower	Green	Green	Green	Green	Green	Green	Red	Red	Red	Red	Red	Red
Winter Cauliflower	Red	Red	Red	Green	Green	Green	Red	Red	Red	Red	Red	Red
Romanesco Cabbage			Green	Green	Green	Red	Red	Red	Red	Red	Red	Red
Kohlrabi		Green	Green	Green	Green	Green	Green	Red	Red	Red	Red	Red
Spinach				Green	Green	Green	Green	Green	Red	Red	Red	Red
Fennel	Green	Green	Green	Green	Green	Green	Green	Red	Red	Red	Red	Red
Icy monoid		Green	Green	Green	Green	Green	Green	Green	Red	Red	Red	Red
Komatsuna	Green	Green	Green	Green	Green	Green	Red	Red	Red	Red	Red	Red
Mustard	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Leeks	Green	Green	Green	Green	Red	Red	Red	Red	Red	Red	Red	Red
Chard				Green	Green	Green	Green	Red	Red	Red	Red	Red
Claytonia				Green	Green	Green	Green	Green	Red	Red	Red	Red

PULSES



Months \ Species	January	February	March	April	May	June	July	August	September	October	November	December
Bean		█	█	█	█	█	█	█		█	█	
Peas		█	█	█	█	█		█	█		█	

ROOT VEGETABLES

Months \ Species	January	February	March	April	May	June	July	August	September	October	November	December
Garlic			█	█	█		█	█	█	█	█	█
Beet				█	█				█	█		
Carrott Nantaise	█	█	█	█		█	█	█	█	█	█	█
Shallot			█	█	█				█	█	█	█
Shuttle					█	█	█		█	█	█	█
White onion			█	█	█	█	█	█	█			
Parsnip			█	█	█	█		█	█			
Radish					█	█	█	█	█			

FRUIT VEGETABLES



Species \ Months	January	February	March	April	May	June	July	August	September	October	November	December
Eggplant		█	█	█				█	█	█	█	█
Cucumber			█	█				█	█	█		
Pickle				█	█			█	█			
Zucchini			█	█	█	█		█	█	█		
Melon			█	█	█	█		█	█	█		
Watermelon				█	█	█		█	█			
Piment		█	█	█	█	█		█	█	█		
Pepper		█	█	█	█	█		█	█	█		
Tomato		█	█	█			█	█	█	█		

LETTUCES



Species \ Months	January	February	March	April	May	June	July	August	September	October	November	December
Batavia	Green	Green	Green	Green					Green			Green
Chicory					Green	Green	Green	Green				
Watercress			Green	Green	Green	Green	Green	Green	Green			
Mache	Green	Green	Green	Green			Green	Green	Green	Green	Green	Green
Full Fields		Green	Green	Green	Green	Green	Green	Green				
Roquette		Green	Green	Green	Green				Green	Green		

EDIBLE FLOWERS

Species \ Months	January	February	March	April	May	June	July	August	September	October	November	December
Borage			Green	Green								
Bredes Mafanes			Green	Green	Green							
Chamomile			Green	Green								
Nastrutium				Green	Green	Green						
Viola							Green	Green	Green			